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Labor Day Weekend Crafts Festival At Claytor Lake State park

Claytor Lake State Park, near Dublin, Virginia, will be the site of the first annual Virginia mountain Crafts Guild Fair, Labor Day Weekend, September 1 through September 3, announced parks Commissioner, Ben H. Bolen.

Sponsored by the Virginia Mountain Crafts Guild, the Crafts Fair will feature work by contemporary designer craftsmen as well as traditional mountain artisans.

"Claytor lake State park provides an excellent setting where Virginians can experience their unique American culture in a peaceful natural surrounding," said Bolen.

Exhibits will be open from 10:00 a.m. to 6:00 p.m. For further information, contact Dorothy Mahoney, Director, Virginia mountain Crafts Guild, 777 Paragon Avenue, Salem, Virginia, 24153.

While there is no admission charge, there is a parking fee of 50 cents per car, $1.00 per truck (6-19 people) and $3.00 per bus.

Celebrates 94th Birthday

Mr. James H. Tucker celebrated his 94th birthday on August 5, 1979 with a family gathering. His children, grandchildren, great-grandchildren and friends met at the home of Mr. and Mrs. Shelby Tucker of Spout Spring for the occasion. Shown in the picture with Mr. Tucker is the quartet from Appomattox Baptist Temple Church, left to right, Mrs. Clyde Burrell, Mrs. Ormond McCann, Miss Melody Hall, Mrs. Bessie Motley and Mr. Clyde Burrell.

The Pastor Speaks

Summer is fast passing from us into history. Our sons and daughters are back in school and it will soon be the time for some of our churches to start their new church year.

Looking back over these months leads us to ask the question, "WHAT HAVE I REALLY DONE FOR JESUS AND HIS CHURCH"? Many have been on vacation, many go camping often, many spend time in their boats on weekends while others love to picnic. These are all great refreshments for our physical bodies and certainly we all need times of rest and relaxation.

Now let us think for a few minutes about our spiritual needs. God has richly blessed us in many ways of our life, but how thankful are we to show His love to us by sharing it with someone else? How long has it been since you asked another person about their soul's salvation? How long has it been since you invited another person to church with you? Speaking of church, what does the church and the pastor mean to you? Have you ever thought just how much is your Preacher worth? "The preacher is administrator, counselor, medical consultant and lecturer. How much is he worth? That's hard to say.

Any good administrator today can demand, and receive, anywhere from $15,000 to $40,000 annually.

"Counselors today receive $35 per hour. If your pastor spends no more than 10 hours per week counseling those with problems, his salary should be $350 per week.

Doctors today receive $1,000 for a 4 1/2-day week, and don't you dare call him after hours or on his day off, no matter how great the emergency.

"As a lecturer, the preacher ought to be paid for each sermon and address given. It is considered a steal today if you can find a capable person to present a 30-minute speech for $500. Multiply this figure by three and you see the salary due the preacher each week.

I am not saying that all of these other professional people are not needed, all I am saying is "What is your preacher worth"? As an administrator he is worth $15,000 annually; as a counselor, $18,200; as a medical consultant, $50,000 annually; and as a speaker,$78,000. A total combined salary, since your pastor is all of these is $161,200. That is what your pastor is worth. However, no church can pay that kind of salary. So what should you do? Pay him as much as possible in monetary means and make up the rest in love, understanding, support and appreciation.

"It's worth a lot to hear a church member say, 'Pastor, I love and appreciate you.' After all, that's something money cannot buy." How long has it been since you have been in God's house to worship Him? The real test is our love for Christ and how great it is to share Him with others.

Let all of us be busy about His work in these remaining days of our life, that others can see His glory shine through us. I am looking forward to seeing each of you in heaven someday, but we need to be faithful stewards in this life here on earth. So how long has it been with you?

Prayerfully,
Your Pastor for the month,
Rev. Daniel W. Menser

The Bible And Daily Living

By: Dr. William Trimyer

Lesson for September 2, 1979
Scripture References: Psalm 104; Proverbs 3:19-26; 8:22-31
Focal Passages: Psalm 104:1-9 Proverbs 3:19-20

Bless the Lord, O my soul. O Lord my God, you are great; you are clothed with honor and majesty. (Ps 104:1)

Applauding The Greatness Of God!

Life is a celebration! That we are alive, breathing, and a part of God's beautiful world is something to celebrate! The writers of the Psalms quite often broke out in a chorus of praise for the creator and for their creatureliness.

Psalm 104 is a beautiful expression of praise and applause for God as Creator. The writer is obviously moved by the way in which God expresses Himself in creation and in care for that which He creates. In other words, the writer of this psalm recognizes his specialness and uniqueness as one of God's creatures.

And we are special, you and me. God love us not only because of what we are but because we are! Because we are His special creations, it is appropriate that we applaud Him who made our life possible through His special creation. Each person can discover his or her own reasons for applauding the Lord of Life!

Applauding God As Light

God is the source of all light. Genesis describes the pitch black conditions until God declares the light. The writer of Psalm 104 recognizes that God is Light, and that He is the source of all light. When God enters on the stage of human life, darkness is scattered.

Indeed, there is always darkness until God comes. Life can be void of meaning until we acknowledge Him who gives life both abundant and eternal meaning. Death appears to be pitch black and something to grossly fear until we acknowledge Him who opens the tomb to let light in. Everything may appear dark until He comes. Serious illness and dying can be a dark struggle until we ask for His hand to walk with us through the valley.

It is the nature of God to reflect light. The meaning of revelation is to "shed light on." God has always revealed Himself through His mighty, creative acts. God's supreme revelation of Himself was, of course, in the Person of Jesus the Christ. God is, therefore, Creator of light, as well as the Light. As I John 1:5 says, "God is light, and in him is no darkness at all."

The Psalm under study shows us how the writers of the Psalms often saw and described God in the world of nature. Clouds were often seen as signs of the Lord's presence. God "traveled" on the clouds, the winds, and the storm.

The Psalmist believed deeply in God's control and care of all creation. There seems to be a reminiscent reference to the promise once made to Noah, "The waters shall no more become a flood to destroy all people" (Gen. 9:15). See Psalms 104:9.

It is comforting to know that God is in control and that He cares deeply about His "children". Our world is sometimes an unstable place to live. We never know from one day to another what to expect from life. But it is easier to face life when we trust in God and His sovereign control and provision for our needs.

Applauding the Wisdom of the Lord!

We turn our attention for a moment to a selection in Proverbs which deals with the wisdom of the Lord in His creative acts. The writer of Proverbs affirms the handiwork of the Lord in all creation. Faith enables us to see a divine thread woven in the intricate pattern of our universe.

It is amazing how God can reach out to a wayward planet like earth and there enact His drama of love. The earth is but a pinhead planet residing in a "remote corner" of our vast universe. If our earth were to blow up, it would appear to someone observing from another planet as only a puff of smoke in our vast galaxy! But the earth is a living testimony of God's presence. In His wisdom the earth became the place where people and God meet.

Dr. Trimyer is pastor of Elon Baptist Church in Pamplin City, Va.

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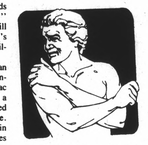
MRS. BOB MINER WAS WINNER OF DRAWING FOR A QUILT MADE AND DONATED BY Mrs. Grace Williams when the Pamplin Ruritan Club sponsored a "Family Day" at the Community Center in Pamplin on Saturday.

Bursitis Brings Pain in Joints



Sometimes it's "housemaids knee." Or "policeman's heel."

By any other name it's still bursitis. It is one of mankind's more painful and disabling ailments.

Bursitis, says the American Medical Association, means inflammation of a lubricating sac about a joint. The sac, called a bursa, is similar to a collapsed balloon with some fluid inside. It is located at various places in the body where joints or tissues touch and rub. Without cushioning there would be friction.

Bursitis can hit many joints in the body, but most often occurs in the shoulder, elbow or knee.

In almost every case bursitis follows unaccustomed strain or overuse of a limb. By taking a little time to warm up to your physical condition, and especially by training the muscles that you plan to use in any repetitious motion outside your normal activity (strengthening your wrist and arm before starting to paint the house, for instance) you can probably keep clear of this common and painful ailment.

If you get bursitis, no one need suggest that you see a doctor. The pain is so acute that you will be the first to seek relief.

There is much your doctor can do to relieve the pain and promote healing. One of the mainstays in treatment is a mild pain killer. Cortisone-type drugs have been used with some success. Heat treatments also have their place in bursitis therapy. In extreme cases, surgery may be required.

The basic treatment is complete rest in bed. Anything that will lessen the chance of the afflicted joint being moved will ease the pain and speed healing.

Like bearings in mechanical things, your bursa stay trouble-free much longer if you warm up slowly and let them get fully lubricated before you race the motor.

August, 1979
Frank Chappell
Science News Editor
AMA

John Lampkin, Jr. Receives Degree

John L. Lampkin, Jr., son of Mrs. Margaret Lampkin of Appomattox received a Bachelor of Science in Sociology and Theatre from Radford University on August 18th.

A member of the dramatics honorary fraternity Alpha Psi Omega, John has been in work with a number of R.U.T. Productions. He has also worked with guest artists at the University, some being Marion Ross of "Happy Days, Dan Frazier of "Kojack," film actresses Cicely Tyson and Julie Adams, and stage actress Katherine Houghton.

Reedy Springs Plans Homecoming Sept. 9th

Reedy Spring Baptist Church will have Homecoming on Sunday, September 9th.

Services will begin Sunday morning at 11:00 a.m. with Rev. David Brooks, former pastor, as guest speaker.

Dinner will be served following the morning service and then there will be music by special guests at 2:00 p.m.

Everyone is invited to attend.

Lawhorn Family Reunion Held

Many children, grandchildren and great-grandchildren, all decendants of the Mittie Lawhorn and the late Robert P. Lawhorn met at the Woodman of the World in Lynchburg on August 12th for a family reunion. There were sixty-five present.

Mittie Lawhorn, age 82, was present and was the oldest family member attending.

The plans were arranged by Dudley Lawhorn, Jr. with the help of other family members.

There was plenty of good food and childhood memories were enjoyed by all.

Mittie is called "Granny" by all her family and her friends. She lives in Spout Spring.

CLASSIFIED ADS GET RESULTS

Preserve those valuable papers have them laminated at the TIMES-VIRGINIAN, phone 352-8215.

Home canners who grow their own vegetables and fruits—or buy them from local producers—may be able to pare their food costs dramatically. Young people 9-19 in the national 4-H food preservation program, supported by Kerr Glass Manufacturing Corp., learn how to compare costs of home preserved versus commercially processed food items.

Home Canning May Be Money-Saver

If all the home canners in the United States stood toe to heel the line would stretch from Florida to Alaska.

Economy is one of the big reasons for the popularity of preserving foods at home. And with rising prices of fresh produce at the supermarket, home canners realize the biggest savings when they grow their own vegetables and fruits, or purchase them in season at reasonable cost from curb markets or local farmers.

Young people 9-19 can get in on the home canning boom by participating in 4-H projects and activities supervised by the Cooperative Extension Service and supported by Kerr Glass Manufacturing Corp.

These girls and boys learn-by-doing to stretch the family food dollar by canning and freezing home grown and locally grown produce. At the same time, they learn the basic scientific principles necessary for safe handling of foods before, during and after processing. And, they increase their consumption of fruits and vegetables-an important nutritional plus.

4-H members can check the costs of home preserved against commercially processed foods by keeping accurate records of what they spend to preserve just one food item at home, then comparing their expenses with the cost of a similar quantity of the same item purchased at the grocery store. Other home canners can make the same cost comparisons. Remember that it is easier to compare cost by weight than by volume.

Kerr Glass has supported 4-H food preservation projects for more than half a century. The corporation honors 4-H members for achievement at all levels: six $1,000 scholarships nationally; expense-paid trips to the 58th National 4-H Congress, Nov. 25-29 in Chicago, for state winners; and four medals of honor per county.

Awards are arranged by National 4-H Council and winners are chosen by the Cooperative Extension Service. Young people can find out more about the national 4-H food preservation program from their county extension agents.

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Those who are unable to register by mail may do so the first meeting of the course.

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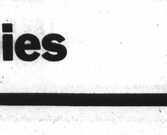

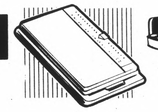

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